



## MAJESTIC HILLS RANCH

Majestic Hills Ranch was founded in 1997 to offer equine-assisted services to children with special needs.

In 2010, we started our "Heroes on Horseback" program serving our injured Armed Forces personnel, active duty and veterans in rehabilitation, in the Minneapolis/St. Paul seven county metro area, free of charge.

They face challenges such as neuromuscular disorders, traumatic brain injuries, post traumatic stress disorder, cognitive limitations, and emotional difficulties. With the horse, exercise becomes a joy rather than a chore. The horse provides riders an overall improvement in their quality of life.

## CONTACT US

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MAJESTIC HILLS RANCH

MHR is a



PATH  
INTERNATIONAL

Professional Association of Therapeutic  
Horsemanship International

Member

Gold  
Transparency  
2022

Candid.



## Volunteering Opportunities - Heroes on Horseback



Equine-Assisted Services  
(Adaptive Riding) Sessions  
to Injured Military  
Personnel, Active Duty &  
Veterans in Rehabilitation





## MHR'S HEROES ON HORSEBACK PROGRAM

Our teams of PATH Certified riding instructors, equine specialists, and community volunteers, utilize the horses in equine-assisted activities designed to achieve a variety of physical, mental, emotional, and spiritual benefits.



### ***What is required to volunteer?***

Each veteran can require up to three volunteers to assist them with their riding session. We ask for a 4 hour commitment from our volunteers whether it is once a week or once a month. The program currently runs Tuesday and Thursday afternoons and evenings from May through October. Volunteers new to the ranch are required to complete a training session prior to their first shift.

### ***Volunteer Job Description***

One of the primary volunteers working with the veterans is a "Leader" who has more experience with horses and is responsible for leading and controlling the horse during the riding sessions. In addition, they may bring the horses in from the pasture and assist the veteran in grooming and tacking the horse before a session. "Sidewalkers" greet the veterans when they arrive, help them get their helmets, relay instructions from the instructor during the session, and assist with the lesson. For safety they brace the veterans in the saddle when necessary; or, for the more advanced, simply be near them.



### **HOW CAN I GET INVOLVED?**

Majestic Hills starts recruiting volunteers in March of each year and it is an on-going process. If you would like to volunteer, or know of a veteran who could benefit from the equestrian program, please contact Larry Johnson, HOH Executive Director at 612-669-8846. For more information, please visit our web-site at:

**[MajesticHillsRanch.org](http://MajesticHillsRanch.org)**

If you are interested in volunteering, have questions, or concerns, please call Exec. Director Larry Johnson at 612-669-8846.

You can also visit our website to download a volunteer application.