

RANCH RAMBLINS

Winter 2018

2018 Review in Pictures!



THERAPEUTIC RIDING



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Lakeville, MN 55044

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(612) 669-8846 (HOH Veteran Program)

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Inside this issue:

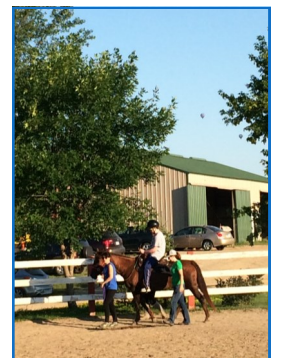
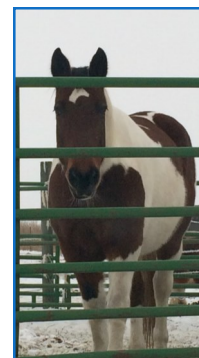
2018 Review in Pictures	1
Year in Review / 2019 Program Goals	2
Losses in 2018 (Gus, Stuart, Jill, & Majestic)	3
2018 Fundraising	4
Some of the In Kind Donations	5
Thank you Volunteers	6
Thank you to our Supporters	7
Statistics	8

Find us on Facebook for updates over the winter and keep up with the ranch news all year. You don't have to be a member to read over our page, so enter the link today for a visit. If you are a member, "Like" us to get up to date information!

Majestic Hills Ranch
for Children & Military Veterans



[www.facebook.com/
MajesticHillsRanch](http://www.facebook.com/MajesticHillsRanch)



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Children's Programs

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Children's Program

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Sue Anderson

Majestic Hills Ranch is a 501(c)(3) tax-exempt non-profit that serves riders in the seven county region around Minneapolis & St. Paul, MN. MHR does not discriminate against anyone, rider or volunteer, due to race, religion, gender, disability, age, sexual orientation, or political beliefs. Riders need to meet program criteria and have a physician's order.

A YEAR IN REVIEW

- ◆ Thanks to the generosity of Ms. Kim Howard, multiple donations to Majestic Hills Ranch were given for the building of a brand new indoor arena and our 21 year dream is a reality. Come the new year we will no longer have to cancel classes due to inclement weather conditions, we will have twenty new boarding stalls, we will be able to provide equine assisted therapies year-round and we will have a wonderful lounge and office, to name but a few of the highlights the new arena adds to our organization.
- ◆ For months, thanks to efforts of our Board Vice President, Mike Evers, along with Kris Zieska and Larry Johnson, a "Strategic Plan" for 2019-2023 was developed to be utilized in an all-out effort to raise large funds for the future of Majestic Hills Ranch's expansion and growth. Our goal is to be able to provide and expand our existing programs, implement new programs, and make Majestic Hills Ranch Foundation the best Equine Assisted Therapy and Activity ranch in our geographic location for years to come and continue to help those that need our assistance.
- ◆ We welcomed a new Board Member, Mr. Jeff Johnson in December. Jeff has been volunteering in the Children's Program for several years and we are excited to have him join the board. Jeff is a small business owner, has been involved in his community; done fundraising for the JC's, President of his Church Council and involved with the Sibley PTA. Jeff has already come up with some exciting fundraising ideas for 2019 and we can't wait. Welcome aboard Jeff; it's our pleasure to have you part of the Majestic Hills Ranch's team!

2019 PROGRAM GOALS

- ◆ We will begin the year with a small "pilot" program of a winter riding class. Even though the arena is still under a little construction (we are working on a mounting ramp / hydraulic lift area), we are going to offer classes for the youth riding program beginning in January and going through the middle of March. This 6 week session will give us an idea of concerns that will need to be address before offering winter classes in the future.
- ◆ Over the past few years we have had many questions about the age range of our Children's program and in the fall of 2019 we look to break down those barriers. We will hopefully (depending on staff availability) be opening classes to adults as well as children so we will offer our services to all ages. We have been working towards this over the past few years, so we will offer our services to all ages starting at 4 years of age.
- ◆ We are looking to hire a seasonal instructor to help with both programs. With another PATH certified instructor, we should be able to offer the same amount of service or even more throughout the year.
- ◆ We are hoping to add another 2-3 horses to our program this year. We have welcomed Billy and Khan this winter, and they will be slowly worked into both programs once they have passed all of our testing. We are looking for another to add to help Princess and Marshall.

LOSSES IN 2018

In 2018, we had several losses—some expected and others were a shock.

We mourn them all and miss them greatly.

June 2018: Gus. Gus came to MHR in 2011 when I took on the Program Director position. He had worked for 14 years at We Can Ride (where I met and fell in love with him) and he found his forever home with me when he retired. He spent several years as my trusty trail buddy, and when we arrived at MHR I asked him if he would mind lending a helping hoof—and he agreed! He had his quirks (going and standing in the middle when he thought class should be finished) and always preferred going on a trail ride down the driveway more than anything—but he did love the adoration of his riders. He coliced before a Tuesday night class and was euthanized among loving family and friends.



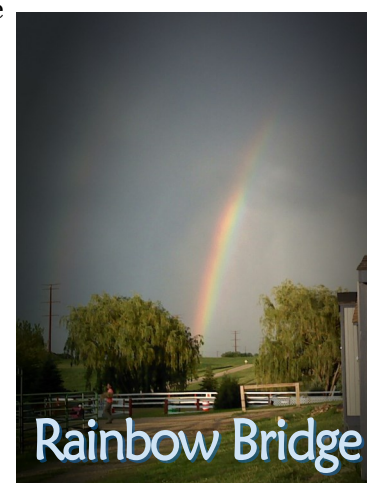
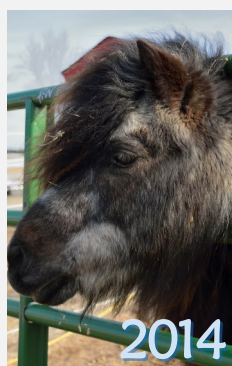
June 2018: Stuart. Stuart had been a fixture at the ranch forever. He came as a kitten along with his brother Bear, and left his mark on everyone he met. He loved to be picked up, preferred to sit on a shoulder, would nibble on hair, and always purred up a storm. He never met a shoulder or lap that he didn't try to claim for himself—and was always willing to keep a chair warm when a rider was out on a horse. The discovery of a tumor growing in his mouth last spring made us realize how long he had ruled at the ranch. His last months were full of love and attention by all.

August 2018: Jill. Jill and Joe came to us as kittens 3 years ago, and they instantly took over the barn. Their love for each other and of Stuart was always wonderful to watch. Even though their willingness to share the fruits of their hunt was not always appreciated (no pigeons in

the arena, Joe!) they loved brief attention and lots of admiration. We believe Jill was hit by a car on the driveway, and she is buried near Judy in the pasture. Joe is still missing his sister.



November 2018: Majestic. Majestic was one of the first animals on the ranch, and was named for it. He arrived as a rescue with a broken hind leg—which was repaired with the assistance of the University of Minnesota. While the leg was never up for any sort of weight bearing, he was able to run around his paddock and the arena with the other ponies. He enjoyed a long and happy life, much longer than he was estimated to live. This year he was estimated to be about 35 years old and while we tried to get more weight onto him through out the summer, it was determined by our veterinarian that his medical concerns were making his quality of life very poor. To keep him from pain, he was gently euthanized late in 2018.



2018 FUNDRAISING



With the sun shining and the breeze slightly blowing, we once again had a fantastic event at Canterbury Park with our *Day at the Races IV*. We thank our returning sponsors of the Lakeville Lions club, TASC, Stiles Financial Services, Frauenshuh Commercial Real Estate, and Kim Howard (who sponsored many tables.) We welcomed Western Bank and Loeffler Construction & Consulting as new sponsors—thank you for joining us!

The food was excellent and there was plenty to go around—and we once again had a large and diverse silent auction. There was items for all interests, including picnics, escape rooms, coffee, and wearables. We thank everyone that came out to join us at this incredible event!



Our Sponsors:

VONHANSON'S BRAT STAND

We had fantastic weather, tasty Brats and hot dogs, and lots of WONDERFUL volunteers that came out to help us with this fundraiser. Thanks go out to all of those that not only helped with the stand, but that came out and ate with us. We look forward to seeing everyone in 2019!

GIVE TO THE MAX DAY
Thank you all so much for your generosity!
Matching Grant:
 Laura Peterson
 Carol Meagher
 Kris Zieska
 Michael Evers



DANCING THE NIGHT AWAY 3...

on October 27, 2018 was a huge success! Elvis (Anthony Shore) and his 9 piece band rocked the roof off the VFW Bloomington. With over 100 guests, a great dinner, silent auction, and great music that everyone danced to, the event was able to bring in over \$10,000.00 for the Heroes on Horseback Program at Majestic Hills Ranch.



We want to extend our sincere thanks to all the volunteers that helped make the evening a wonderful experience for all. Our appreciation is also extended to the sponsors at the event; **Kim Howard, Stiles Financial Services, Inc., Loeffler Construction & Consulting, and Frauenshuh Commercial Real Estate.**

- Donations:**
- | | |
|---------------------|-------------------|
| Allen, Katie | Lang, Kevin Q |
| Angen, Sheri K | Larson, John W. |
| Arp, Jeanne | Lenz, Hugh |
| Bachmeier, Kim | Nakashima, Dawn |
| Barron, Joan Camba | Newburg, Danica |
| Benson, Vicki | Palo, Elizabeth |
| Berglund, Lisa A | Popovich, Susan |
| Carter, Mary M | Rasmussen, Sherry |
| Cierzan, John | Rodlund, Kimberly |
| Clouch, Diane L | Rouse, Ann L |
| Enfield, Judy | Shanks, John |
| Enger, Michelle | Stroth, Patricia |
| Gallagher, Jennifer | Uttenhove, Gay |
| Harden, Heather | Wallin, Patti |
| Haws, Jeanine | Weis, Deann |
| Johnson, Larry R | Zahratka, Randi |
| Kane, Luann | Zieska, Kristin |
| Karan, Sarah | |
-

TORO DONATES WORKMAN MDX-D to MHR

A grant request was written and Toro responded. This Workman MDX-D Diesel Utility Vehicle will certainly come in handy and will be used to perform a wide variety of chores; to maintain our riding trails, hauling dirt to fill holes and divots so as not to injure people or horses, haul tools to trim branches and debris out of the riding path, pull trailer to help collect and remove branches and to pull drag to help smooth and groom the paths where our participants ride for their equine-assisted therapies and activities. We can't thank Toro enough for a wonderful donation that will make our chores easier and will help keep everyone at Majestic Hills Ranch safer.



WELCOME INVERNESS & FIREBALL OF LEXLIN GYPSY RANCH

Over the past five years, LexLin Gypsy Ranch has donated purebred registered Gypsy Vanner horses to programs that offer Equine Assisted Activities and Therapies throughout the United States. In this, their final year, over 58 horses were donated—and we received 2 of them! Inverness (we called Nessie) arrived in the beginning of May, with Fireball (now called Lil' Red) arriving almost 1 month later. This breed, known for their stout build, ability to pull gypsy caravans, docile temperaments, and friendliness, have excelled at working with all levels of riders. We are looking forward to seeing how our 2 develop and when we can add them to the program.



OUR DREAM, MADE INTO REALITY, THANKS TO *KIM HOWARD*

Throughout the 2018 riding season, our riders and volunteers watched as our 20 year dream of having an indoor arena slowly became a reality. Loeffler Construction and Consulting took on the daunting task of creating us an arena that could stable horses and be used year round—both for our program and boarders. With the hard work of Jen and Erik Espinoza, the arena is becoming a beautiful showplace that honors the memory of a beautiful young lady, Kim's granddaughter Jackie.



THANK YOU TO THE 2018 VOLUNTEERS!

A huge **THANK YOU** goes out to the over 200 volunteers that helped out with the programs, events, pilot program, horses, and ranch maintenance this year. We especially want to thank our instructors, teaching assistants, and barn aide for they are also volunteering their time: **Brenda Steinhauer, Gay Uttenhove, Jackie Buie, Laura Peterson, & Sue Anderson**. They put in many hours preparing, teaching, and assisting with the Children's Program, Heroes on Horseback, and the Horse Sense Psychotherapy Program. (I tried to get everyone's names listed below—but if you helped out at the ranch this year and you are not on the list, it is entirely my fault and I apologize. Your help was greatly appreciated and we certainly welcomed it!)

CHILDREN'S PROGRAM

Algren, Sue
Allen, Katie
Anderson, Sue
Anderson, Theresa
Angen, Shelby
Angen, Sheri
Arp, Jeanne
Bartsch, Kristen
Bechel, Penny
Beckmann, Emily
Berglund, Lisa
Boeser, Barbara
Brabbit, Allie
Brachio, Lily
Brooks, Toni
Brown, Becky
Brunes, Susan
Bruns / Basara?, Gina
Bueltel, Anne
Buie, Jackie
Caspers, Michelle
Christenson, Allison
Clouch, Diane
Duffy, Caitlin
Duffy, Kate
Engstrom, Darlene
Espinoza, Jen
Flannery, Liz
Fornstahl, Abbey
Furlong, Adria
Gandrud, Ellen
Gomez Mallol, Ester

Grayden, Kellie
Grove, Lisa
Hall, Dawn
Hansen, Kristine
Hansen, Sydney
Harriss, Katherine
Hartley, Tom
Haws, Jeanine
Heaney, Elizabeth
Hohmann, Kenna
Hughes, Margaret
Jacobson, Stacey
Jakel, Kha
Joens, Beth
Johnson, Ashlea
Johnson, Jeff
Karan, Sarah
Konopa, Krista
Kriedberg, Carly
Larson, Rachel
Ledinsky, Emily
Leppert, Kelsey
Mady, Alicia
Mathews, Elizabeth
Mathews, Wendy
Matter, Nicole
Meagher, Carol
Metwaly, Lisa
Metzger, Dana
Migletz, Lisa
Morrow, Katie
Newberg, Danica
Nordaune, Kim
O'Connor, Stephanie
Olander, Alyson

Olander, Elsie
Partington, Emily
Peterson, Carol
Peterson, Laura
Polome, Annie
Ring, Sarah
Rodriguez, Rob
Sadlowski, Faith
Shanks, Chris
Shanks, John
Smith, Mary
Smith, Paul
Spencer, Jarod
Staelgraeve, Jules
Steinhauer, Brenda
Steinhauer, Kaitlin
Straquadine, Nora
Svendsen, Robin
Theis, Rachel
Tushie, Londa
Uttenhove, Gay
Velasquez, Michelle
Vidmar, Allison
Vidmar, Jessica
Weber, Lisa
Wold, Bonnie
Zelles, Lizzy
Zieska, Kris
Zieska, Rick
Zimmermann, Ellie

Thanks also to Parents, PCAs, & Therapists that were willing to step in and help when needed!

HEROES ON HORSEBACK

Anderson, Sue
Bjerke, Steve
Bjerke, Vicki
Childers, Jaquelyn
Crocker, Jillian
Engeman, Bill
Espinoza, Jen
Evans, Stacy
Green, Forrest
Goleman, Olivia
Hoppis, Shirley
Jordan, Stephanie
Lohrmann, Heather
McCarthy, Cindy
McMahon, Caitlin
Pfarr, Katherine
Reinke, Madison
Rhone, Cindy
Rhone, Scott
Rogozinski, "Rogo"
Sather, Melissa
Sjevda, Bill
Steinessan-Klehr, Alison
Steinhauer, Brenda
Stover, Pattie
Tate, Cory



Thanks also to all of the Staff and the ladies from the MCF/SHK Challenge Incarceration Program. They worked incredibly hard on Thursdays & other additional project days

Thanks also go out to the following groups that have helped at the ranch or with program projects:

- Lakeville Area Public Schools Community Education Department
- Students from the Senior class at Visitation School
-



THANK YOU TO OUR SUPPORTERS!

Foundation Grants

Boesner Family Fund of the Minneapolis Foundation
Bobby & Steve's Auto World Youth Foundation
Canterbury Park Holding Corporation
Carl and Verna Schmidt Foundation
Casey Albert T. O'Neil Foundation
Granite Foundation, Timothy F. Madden
Hansen Family Foundation

Hulse Family Fund Grant
J. Elmer & Esther Hansman Charitable Trust
Krumholz Foundation, The
Lillian Wright & C. Emil Berglund Foundation
Margaret H. and James E. Kelley Foundation, Inc
Menasha Corporation Foundation
Minnesota Valley Electric Cooperative,
Operation Round Up
PGN Foundation

Organizations

American Legion Post #57, Chaska
American Legion Post #225, Forest Lake
American Legion Post #47, Hastings
American Legion Post #45, New Prague
American Legion Post #643, Savage
American Legion Post #98, St. Paul Park
Blue Star Mothers of America, Chapter 13, Buffalo
Forrest G James Marine Corps League
Girl Scout Troop 20029—Jessica Seurer
Girl Scout Troop 27414—Cassandra Reimers
Lakeville Lions
Military Officers Assn of America (MCMOAA)
Medal of Honor Twin Cities, Lakeville
Pets Loyal 2 Vets

Prior Lake-Savage Optimist Club
Tee It Up for the Troops (Oak Marsh)
Tee It Up for the Troops (Mendakota)
VFW Post #6316, Blaine
VFW Post #129, Bloomington
VFW Post #3915, Brooklyn Park
VFW Post #217, Columbia Heights
VFW Post #8752, Cottage Grove
VFW Post #494, Crystal
VFW Post #6690, Mendota Heights
VFW Post #246, Minneapolis
VFW Post #11543, Osseo
VFW Post #6208, Prior Lake
VFW, Post #1782, White Bear Lake
VFW Post #5727, Zumbrota
Windy Ridge Riders Horse Club

In Kind donations (Silent Auction Items for our Events)

Apple Valley Eye Clinic	Joe Sensor's Restaurant & Sports Theater	Starbucks, W 98 th , Bloomington
ARTISTRY of Bloomington Center for the Arts	Johnson, Larry R	Starbucks, Burnsville
Augustine's Bar and Bakery	Kerfoot Canopy Tour, Henderson	Starbucks, Edina
Baglio, Bob, WW Livestock Systems	Kouanechao, Minny	Starbucks, Lakeville
Bauman, Dorothea & Gil	Kwik Trip, Farmington	Stiles, Susan; Stiles Financial Services, Inc.
Blue Plate Restaurant Co.	Latocki, Virginia (Ginny)	St. Paul Saints Baseball Club
Brave New Workshop	Lauer, Nicole Dr./HealthSource of Lakeville	212 Restaurant Group dba Porter Creek Hardwood Grill
Breadsmith	Lettuce Entertain You Restaurants	Target, Andover
Caspers, Michelle	Landmark Theatres	Target, Apple Valley (Cedar Ave.)
Commonweal Theatre Company	Loeffler, Austin	Target, Apple Valley (Pilot Knob Road)
Costco, Burnsville	Lucky's 13 Pub, Bloomington	Target, Blaine
Costco, Maple Grove	Mall of America	Target, Bloomington (W. 79 th St.)
Costco, Eden Prairie	M&E Engineering, Inc.	Target, Brooklyn Center
Cub Foods, Chanhassen	Massage Envy, Southtown	Target, Burnsville
Culler, Scott	Bloomington	Target, Champlin
D'Brian's Kitchen & Catering, Bloomington	Medina Entertainment Center	Target, Coon Rapids
Droolin' Moose, Bloomington	Meister, Jim/Building Assets	Target, Cottage Grove
Edina Plastic Surgery, Skin Artisans at Edina	Minneapolis Marriott City Center	Target, Crystal
El Loro Mexican Grill, Bloomington	Minnesota Landscape Arboretum	Target, Eagan
Imagine Theatres, Lakeville	Mixed Blood Theatre	Target, Edina
Escape MSP, St. Paul	Mystic Lake Casino Hotel	Target, Minneapolis (Dinkytown)
Estill, Susan	Nothing Bundt Cakes, Eagan	Target, Plymouth
Fat Lorenzo's, Bloomington	Nothing Bundt Cakes, Eden Prairie	Target, Saint Paul (Suburban Ave.)
Fly Over America, MOA	Nothing Bundt Cakes, Maple Grove	Target, Shakopee
Grand Casino Hinckley	Porterhouse Steak & Seafood	Target, West St. Paul
Grand Slam, Burnsville	Radisson Blue Mall of America	The Cheesecake Factory
Green Mill Restaurants and Bar, Lakeville	Red Lobster, Bloomington	The Olive Grove, Mendota Heights
Gryskiewicz Twin Cities Cosmetic Surgery, P.A.	Red's Savoy Pizza, Edina	Thunhorst, Kris
Hair Shoppe on Lyndale/Cindy	Roca Restaurants	Trader Joe's, Bloomington
Haskell's, Minneapolis	Sam's Club, Shakopee	Turtle's Bar & Grill, Inc.
Howard, Karen (Kim)	Schuler Shoes, Maple Grove	Turner, Kim
Insight Brewing	Seven Clans Casinos, Thief River Falls	Valley Natural Foods, Burnsville
	Stages Theatre Company	Wendt, Steve/Metro Hair Design
	Starbucks, Southtown, Bloomington	Wuollet Baker, Inc., Minneapolis

Employer / Business Matched Donations

Ameriprise Financial	Charlene Klaus	Prime Therapeutics	Gay Uttenhove
Apple, Inc.	Erik Bjornard	Target	Anonymous
Avago	Daniel Hulse	United Health Group	William Engeman
BCBS	Anne Beutel		

Corporation Donations

ABC Companies, Inc.
Alt-Kie Computer Consultants, Inc.
Ameriprise
Canterbury Park Holding Corporation
Dakota Electric Association
Frauenshuh Commercial Real Estate
Opal Services, Inc.
Palos Pediatric Dentistry/Dr. Facko
Sahara Sands, Inc.
Stiles Financial Services, Inc.
TASC
Western National Insurance

In Kind donations

Angen, Sheri	KD Performance Horses
Buie, Jackie & Pat	LexLin Gypsy Vanners
Caspers, Michelle	Miller, Lynda
Espinoza, Erik	Tate, Cynthia
Espinoza, Jen	Toro Giving Program
Home Depot, Shakopee	Zieska, Kris & Rick
Howard, Karen (Kim)	

Individual Donors

Anonymous	Lang, Kevin & Amy
Ardolf, Angela	Lehrmann, Heather
Bueltel, Anne	Peterson, Mary Beth & Mark
Facko, Dr. Richard	Popovich, Sue & Mike
Fanska, Joe & Shawna	Rouse, Ann
Forsyth, Mitchell	Sanger, Karen & Steve
Fossum, Kari	Sather, Melissa
Green, Forrest	Schulz, Douglas A.
Howard, Karen (Kim)	Schoenbauer, Carol
Hulse, Daniel	Wehrs, Debbie
Jans, Michelle	Weis, Chad & Family
Johnson, Larry R	Zahratka, Randi & Nicholas
Johnson, Steven	Zhorela, Mike
Joseph, Sonia & Jerin	Zieska, Kris & Rick
Kane, Luann & John	
Kauffman, Karla H	
Klaus, Charlene	

In Memory of...

Michael Reiser

Anderson, Clinton & Helena
Anderson, Gary & Denise
Baukol, Peder & Pat
Buie, Pat & Jackie
Charlsen, Bill & Carol
Clough, Barry & Audrey
Cote, Peter & Eunice
Jacobson, Ronald & Mary Jean
Johnson, Larry R
Legacie, Dr. Larry & Mary
Reiser, Dwayne & Margaret
Reiser, Nadine M.
Reiser, Shari
Wallin, Patti J.
Winselman, Stephen & Jean
Zieska, Kris

(There were many more who donated but a single check was written if cash was given and sent to MHR. We apologize if your name is not listed)

Gus

Bechel, Penny
Zieska, Kris & Rick

Wish List for 2019

At Majestic Hills Ranch, we are so thankful for the gifts that have been given to our program over the past years. We are still trying to expand our programs, add different services, and increase the beauty and functionality of our ranch. With that in mind, we are looking for the following help:

- Part time experienced PATH certified instructor (paid position) - to assist with teaching both HOH Veteran's and Children's classes throughout the year.
- Someone to help with volunteer recruitment and training (volunteer position for now) - as we grow in size, we need to have some help in acquiring new community volunteers to assist with both programs.
- Someone to help with fundraising events (volunteer position for now) - also as we grow, we need to generate more funds to help support our horses and program. Having someone with experience that can spearhead different ventures and assist staff with current events would facilitate our ability to expand programming without increasing costs to our families.
- Sponsorship for events as well as structures around the ranch. With the construction of the arena, we will need to change fence lines to add additional paddocks for the horses, add landscaping around the arena, correct footing concerns with some of our low lying areas on the property (both in the pastures and on the trails), adding shelters to some of the paddocks, and generally supporting the changes that need to be made. While we can get the labor donated to the ranch, the raw materials for such projects always add up and are sometimes not within our budget.

Small items that are needed... [Office]

- ◆ Copy paper—regular 20 lb. white letter; 20 lb. white legal
- ◆ Envelopes—#10 white business; A2 invitation size; 9"x12" white for mailing grants
- ◆ Padded Mailing Envelopes—for items like t-shirts.
- ◆ Stamps—who doesn't need more Forever stamps?
- ◆ Premium printing paper—100 bright, 32 lb. white letter

Small items that are needed... [Program / Arena]

- ◆ Beanie Babies—variety of types for games
- ◆ Cones—12" to 18" cones for the indoor arena
- ◆ PVC pipes—6" diameter, 8' in length for ground poles; 2" diameter, 8' lengths for upright poles and games.
- ◆ Wooden arena letter—approximately 12" in height
- ◆ 55 gallon plastic barrels (empty, white or blue are fine)
- ◆ Deck Rings, tennis balls, toy basket ball hoop, etc.

STATISTICS FOR 2018

Children's Program

- Total number of riders served by the **Children's Program**: 82
Participants in **Horse Sense Psychotherapy Sessions**: 21
 - 3% 5 years old or under
 - 35% Between ages 6 and 10 years old
 - 50% Between ages 11 and 18 years old
 - 12% Over 19 years
- 54 were male; 49 were female
- While over 43 different diagnoses were present in our riders, below are the 4 that affected a majority of our riders.
 1. Autism Spectrum Disorder (ASD)
 2. Developmental Delay (DD)
 3. Attention deficit disorder / Attention deficit hyperactivity disorder (ADD/ADHD)
 4. Cerebral palsy (CP)
- We offered classes to riders throughout the 7 county metro area, but 94% lived in the cities south of the Minnesota River. Of those cities, the top 3 are:

Lakeville	(27%)	Apple Valley	(16%)	Eagan	(9%)
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MHR Heroes on Horseback Program

- Total number of injured military personnel, active duty and veterans in rehabilitation, that were served by the **Heroes on Horseback Program**: 31 168 visits & 336 hours

Air Force	16%	Army	39%
Marine	16%	Navy	26%
US Coast Guard	3%		

- 97% of our veterans were male; 3% were female
- While multiple diagnosis were present, below are the top (4) four that affected our riders participating in the Heroes on Horseback Program: (Many have multiple secondary conditions.)

◆ Dementia	47%
◆ (PTSD) Post Traumatic Stress Disorder	12%
◆ (TBI) Traumatic Brain Injury	8%
◆ Schizophrenia	8%
- We work closely with several military organizations and most of our riders/participants were referred by the following groups:

◆ State of MN Veteran's Adult Day Center	44%
◆ Veteran's Home—Hastings	26%
◆ Outpatient Referrals	23%
◆ VA Medical Center—Mpls: Poly-Trauma Unit	7%

Our Volunteers

We had over 184 volunteers helping out with our riding programs, special events, and ranch projects:

Children's Program = 3333 hours Projects/Events = 943 hours
 Veteran's Program = 470 hours

Total Volunteer Hours = 4746 Hours

Our Horses

MHR owns 2 draft horses, 3 ponies, and 10 horses which are used in our riding programs plus 2 privately owned horses that are used for select classes. In 2018 these horses had a total of 924 rider hours throughout the season. We also used select horses for 125 hours of Equine Facilitated Psychotherapy during the summer session.