

ANNUAL REPORT 2013

Our Riders

- Total number of riders served by the **Children's Program**: 82
 - 32% Under 5 years old
 - 33% Between ages 6 and 10 years old
 - 35% Between ages 11 and 15 years old
 - 19% Over 17 years old
- 56% of our riders were male; 44% were female
- While over 29 different diagnosis were present, below are the top 4 that affected 70% of total riders that participated within the programs.
 1. Autism Spectrum Disorder (ASD)
 2. Cerebral Palsy (CP)
 3. Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder (ADD/ADHD)
 4. Developmental Delay (DD)
- We offer classes to riders throughout the 7 county metro area, but 89% fell to the cities south of the Minnesota River. Of those cities, listed below are the top 4:
 1. Lakeville (30%)
 2. Burnsville (12%)
 3. Eagan & Apple Valley (10%)

Our Volunteers

- We had over 394 volunteers helping out with our riding programs, picnics, and special events.

Children's Programs = 3,348 hours
Picnics / Events = 1,837 hours

Veteran's Program = 415 hours

Total Volunteer Hours = 5,600

Our Riders

- Total number of riders served by the **Heroes on Horseback Program**: 30 per week, ages 19 to 91 years old.
- 90% of our riders were male; 10% were female
- While over 32 different diagnosis were present, below are the top 5 that affected over 50% of total riders that participated in the program.
 1. Traumatic Brain Injury (TBI)
 2. Post-Traumatic Stress Disorder (PTSD)
 3. Anxiety Disorder
 4. Major Depression
 5. Chemical Dependency
- We offer classes to riders from every county in the State and service the Minneapolis/St. Paul 7 county metro area. The majority of riders who participated came from the VA Medical Center, Minneapolis, as inpatients of the Poly-Trauma Unit, the Veterans Homes of Minneapolis and Hastings, and outpatients referred by physicians and Veteran Service Centers.
- Military Service Statistics

Army	53%
Army Reserves	7%
Air Force	7%
Marines	2%
Navy	26%

Our Horses: MHR had 15 horses in our programs, 13 were able to be used in our riding programs and 2 privately owned horses are used for select classes. We had a total of 3,348 rider hours plus their usage in the picnics and parades.

Mission-Children's Program: "To provide children and young adults with special needs the opportunity to achieve a sense of freedom, accomplishment, and self-esteem while giving their families hope."

Mission-Heroes on Horseback Program – "To enrich and enhance the lives of injured Armed Forces personnel, active duty and veterans, by engaging them in a variety of recreational and therapeutic equestrian activities designed to promote and improve their physical, mental, and social well-being."

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