

Majestic Hills Ranch was founded in 1997 and offers a low-cost equine assisted activities and therapies for children and young adults with special needs. We serve riders from the ages of 4 to 25 living in all socio-economic levels in the Minneapolis/St. Paul metro area.

These children may have diagnoses such as Cerebral Palsy, Autism, Down Syndrome, ADHD, ADD, cancer, paraplegia, developmental delay, or other physical, emotional, or mental challenges.

## What is required of a volunteer?



Each rider can require up to three volunteers to assist them with their lesson. This means we may need up to 30 volunteers per day or about 120 per week.

We are flexible with the time asked of our volunteers, but prefer a weekly commitment if possible.

The program is set up as (3) seven week sessions starting in May and runs through October, with classes being held in the evenings Mondays through Thursdays. Morning classes are offered during the summer session.



Volunteer trainings will be offered before each session and throughout the season. Horse experience is *NOT* required for volunteering, just the ability to walk for an hour at a time on uneven surfaces, and a willingness to work with our fantastic riders and horses.

Volunteer need to be at least 16 years old or 14 years old with a parent, guardian, or sibling of at least 18 years also volunteering.

## Volunteer Job Description:

### Leaders and Sidewalkers

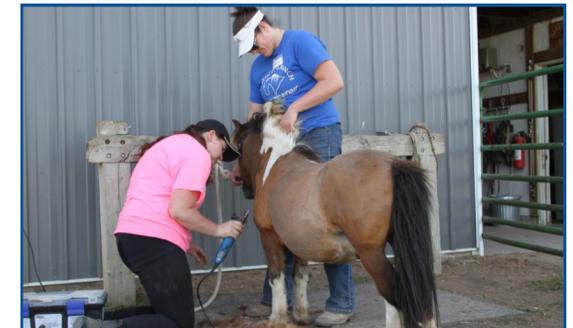
**Leaders** are volunteers who has more experience with horses and are responsible for leading and controlling the horse during the riding lessons. In addition, they may need to bring the horses in from the paddock, make sure they are groomed, tacked, and ready to go.



**Sidewalkers** greet the children when they arrive, help them get their helmets, relay instructions during the lesson, and assist as needed. For safety, they brace the children in the saddle when necessary or simply coaching our riders that are more advanced in skill.



In-between classes, volunteers assist with various ranch chores, such as cleaning tanks and watering the animals, weeding and watering the gardens, cleaning equipment or tack, and maintaining the



If you are interested in volunteering, or have questions or concerns, please call **Kris Zieska** at 952.426.5688. You can also visit our website to download volunteer applications in .pdf format at [www.MajesticHillsRanch.org](http://www.MajesticHillsRanch.org)

## How can I get involved?

Majestic Hills starts recruiting volunteers in March each year and it is an on-going process. If you would like to volunteer, or know of a child who could benefit from the program, please contact Kris Zieska at 952.426.5688.

For more information, please visit our web-site

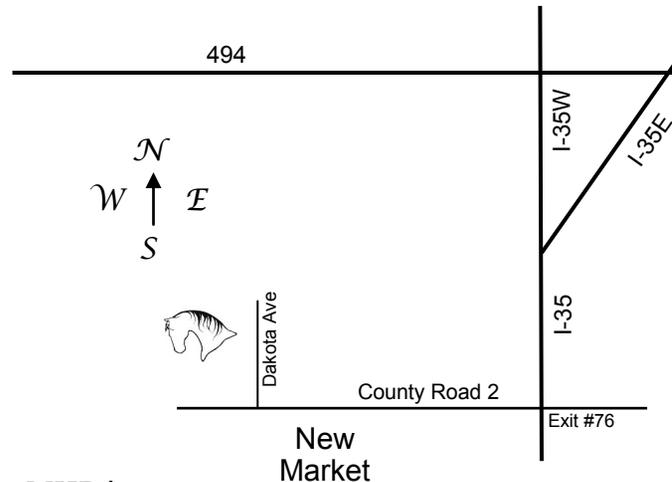
[www.MajesticHillsRanch.org](http://www.MajesticHillsRanch.org)

**Donations are always welcome!**



## Directions to Majestic Hills Ranch

- Go South on I-35W or E past Burnsville and continue on I-35 SOUTH
- Take the New Market/Elko Exit (#76)
  - Turn right onto County Road 2
  - Continue through New Market
  - Turn right onto Dakota Avenue
- Go approximately 1.5 miles. The Ranch is on the left and is set 1/2 mile down the driveway.



MHR is a



**Member**



### Majestic Hills Ranch

24580 Dakota Avenue  
Lakeville, MN 55044

Phone: 952.426.5688  
Fax: 952.888.6153

[www.MajesticHillsRanch.org](http://www.MajesticHillsRanch.org)



THERAPEUTIC RIDING

## Volunteer Opportunities

### Helping Children Grow

#### Program Vision:

To help children & young adults with physical and emotional challenges, chronic illness, or symptoms of abuse or neglect, enjoy their lives to the greatest degree possible.

#### Mission:

To provide children & young adults with special needs the opportunity to achieve a sense of freedom, accomplishment, and increased self-esteem while giving their families hope through the use of horses and equine assisted activities.



**Majestic Hills Ranch**  
952.426.5688  
Kris Zieska, Program Director