



## Children's Program

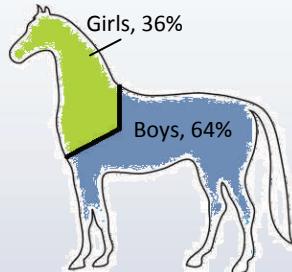
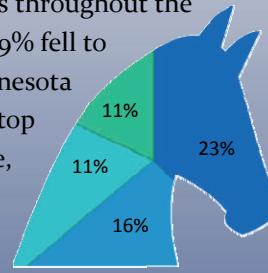
### Statistics for 2014

This year we had 75 riders participate in our classes. Due to inclement weather we had to cancel several classes throughout the year, but make up classes or refunds were arranged for those riders.

- While over 29 different diagnoses were present in our riders, below are the 4 that affected over 70% of those that participated.

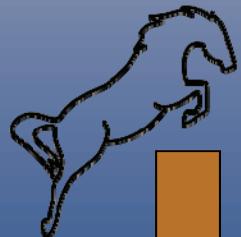
1. Autism Spectrum Disorder (ASD)
2. Attention deficit disorder / Attention deficit hyperactivity disorder (ADD/ADHD)
3. Developmental Delay (DD)
4. Cerebral palsy (CP)

- We offered classes to riders throughout the 7 county metro area, but 89% fell to the cities south of the Minnesota River. Of those cities, the top 4 are shown here: Lakeville, Apple Valley, Burnsville, & Eagan.

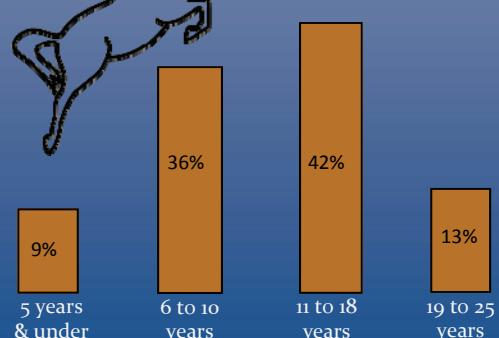


Laura P. & Brenda S. taught Tuesday and Wednesday classes, Gay U. & Sue A. assisted our instructors on Tuesday & Thursdays. Mary S. volunteered on Mondays and Thursdays as a Barn Aide.

The summer long Pilot Program offered by Mary S. & her miniature horse Riley on ground work was attended by 2 students that learned the ins and outs of handling horses.



Rider's Ages



**3** Instructors teaching up to 16 classes per week

**2** Teaching Assistants working with both programs

**1** Barn Aid that helped 2 nights a week for over 200 hours



## Heroes on Horseback Veteran's Program

- Total amount of visits and hours for those that participated in the **MHR Heroes on Horseback Program:** 270 visits / 682.75 hours

Service	Percentage
Army	51%
Navy	29%
Air Force	3%
Marine	11%
Army National Guard	6%

- 94% of our veterans were male; 6% were female
- While over dozens of different diagnoses were present, below are a few that affected many of the riders that participated with the programs.
  - ♦ Traumatic Brain Injury (TBI)
  - ♦ Post-Traumatic Stress Disorder (PTSD)
  - ♦ Anxiety Disorder
  - ♦ Major Depression
  - ♦ Chemical/Alcohol Dependency
- We worked closely with several military organizations and most riders were referred by the following groups:
 

Organization	Percentage
Outpatient Referrals	55%
Veterans' Home—Hastings Branch	26%
Veterans' Home—Minneapolis Branch	14%
VA Medical Center	5%

### Program Review:

- Heroes on Horseback hired a new Program Director for the riding season: PATH certified instructor Jen Espinoza. She increased our riders knowledge and challenged their skill levels.
- The Veterans had the experience of ground driving Molly the pony, both in the arena and out on the trail. This work and more in 2015 will prepare our riders for driving of our carriage.
- Independent reining, obstacle courses, groundwork, and trail rides around the property were all worked on during classes.

