Our Volunteers

We had over 200 volunteers helping out with our riding programs, special events, & ranch projects.

Children's Program = 3197 hours Veteran's Program = 1,525 hours Events / Projects = 758 hours

Total Volunteer Hours = 5480

Our Horses

MHR owns 2 draft horses, 3 ponies, and 8 horses which are used in our riding programs plus 3 privately owned horses that are used for select classes. In 2016, these horses had a total of 1525 rider hours throughout the season. We also used the horses for 72 hours of Equine Facilitated Psychotherapy during the summer session.

Financials for 2016

Current Assets:	
Checking:	\$79,953
CD:	\$0
Savings:	\$41,351
Accounts Receivable:	\$4,535
Prepaid Expenses:	\$1,665
Property & Equipment:	\$422,738
Less—Depreciation:	(\$175,937)
Total Assets:	\$374,305
Liabilities & Capital:	
Liabilities	
Accounts Payable	\$1,943
Mortgage Payable	\$45,000
Visa Payable	\$0
Note payable	\$3,649
Total Liabilities	\$50,592
Capital	
Retained Earnings	\$29,323
Net Income	\$294,390
Total Capital	\$323,713
Total Liabilities & Capital	\$374,305

Board of Directors

Larry Johnson, President Majestic Hills Ranch Foundation Exec. Director: Heroes on Horseback

Virginia Latocki, Secretary Human Resources Professional

Carol Meaaher. Treasurer Teachers On Call Accounting Manager

Mary Lee Enfield, Ph.D. **Educational Psychologist** Owner, Language Circle Ent., Inc.

Michael J. Evers, Ph.D. Graduate School of Business University of St. Thomas Retired - Dean

Kim Howard, Chair / Founder Teachers On Call, **Owner/President**

Sarah Karan **Employment Staffing Services** Attorney at Law

Alan J. Kupka Medtronic, Inc. Sr. Principal Compliance/Quality Specialist

> Wayne Mertz Alternative Graphics, Inc. **Owner**/President

Majestic Hills Ranch is a 501(c)(3)tax-exempt non-profit that serves riders in the seven county region around Minneapolis & St. Paul, MN. MHR does not discriminate against anyone, rider or volunteer, due to race, religion, gender, disability, age, sexual orientation, or political beliefs. Riders need to meet program criteria and have a physician's order.





FOUNDATION

2016 Annual Report

Mission: To provide children & young adults with special needs and armed forces personnel, active duty and veterans in rehabilitation, the opportunity to achieve a sense of freedom, accomplishment, and increased self-esteem while giving their families hope through the use of Equine Assisted Activities and Therapies.

Year in review:

- MHR held 6 fundraisers in 2016: the Day at the Races in June; the 5th annual Ride-A-Thon during the summer session; a very successful bratwursts stand at VonHanson's Meats of Savage on July 4th Weekend; the MN Give to the Max Day fundraiser, Artistic Event online auction in November, and our Dance the Night Away in December.
- For the Second year, MHR paired with a mental health expert and offered Equine Facilitated Psychotherapy to 11 young clients during the summer session.

We had several groups out to help at the ranch this year, including some very hard workers from the Lakeville Area Public Schools Community Education Department, the Valor Group from Inverhills Community College, Eagle Scout Jacob Shirk, and the MCF/SHK Challenge Incarceration Program. Without all of this help we wouldn't have been able to accomplish as much as we did.

www.MajesticHillsRanch.org



Children's Program

Statistics for 2016

This year we had <u>72</u> riders participate in our riding classes and we had 11 participants in the Horse Sense Psychotherapy classes.

Due to inclement weather we had to cancel several classes throughout the year, but make up classes or refunds were arranged for those riders.

While over 42 different diagnoses were present in our riders, below are the 4 that affected over 75% of those that participated.

- Autism Spectrum Disorder (ASD) 1.
- Developmental Delay (DD) 2.
- Attention deficit disorder / Attention 3. deficit hyperactivity disorder (ADD/ADHD) Cerebral palsy (CP) 4.

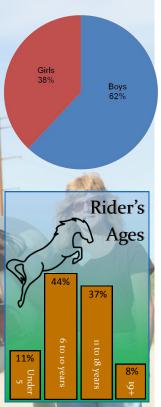
We offered classes to riders throughout the 7 county metro area, but 92% lived in the cities south of the Minnesota River. Of those cities, the top 4 are Lakeville (22%), Apple Valley (15%), Burnsville (13%), & Eagan (10%).



Program Highlights:

Laura taught Monday nights, Brenda taught Wednesday nights, and Gay began teaching Thursday nights under supervision. Kris taught Tuesday evenings with Jackie and Sue as Teaching Assistants and summer morning classes on Wednesdays and Thursdays.

A second year of Equine Facilitated Psychotherapy was hosted at MHR for mental health specialist Paula Achenbach. 11 of her clients came out to the ranch on Wednesdays to work hands on with our horses and ponies. Kris, with the help of volunteers Kaitlin and Katie, worked as horse experts in these classes.



Heroes on Horseback Veteran's Program



Total number of injured military personnel, active duty and veterans in rehabilitation, that were served by the Heroes on Horseback Program: 36 357 visits & 714 hours (a 62% increase in visits and hours over 2015.)

	42%	Army	14%	Air Force
	22%	Marine	3%	Army National Guard
	19%	Navy		
	Aller Contraction			
72% of our veterans were male 28% of our veterans were female				
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While multiple diagnosis were present below are the top (4) four that affected our				
riders participating in the Heroes on Horseback Program: (Many have multiple				

secondary conditions.)

• (PTSD) Post Traumatic Stress Disorder	36%	
(TBI) Traumatic Brain Injury	19%	
Anxiety/Depression	8%	
Schizophrenia	8%	
Other Primary Diagnosis	29%	

We worked closely with several military organizations and most riders were referred by the following groups:

- **Outpatient Referrals** 22%
- 28% Veterans' Home—Hastings Branch
- VA Medical Center-Minneapolis: Poly-Trauma Unit 28%
- 22% Journeys Program (Outpatients)

Program Highlights:

Jen Espinoza made it through her third season as the Director of Heroes on Horseback. Her dedication and passion to help the injured armed forces personnel, active duty, and veterans in rehabilitation came through loud and clear. As the season ended, there were teary eyes when saying so long for the winter ahead but smiles as they know they will be back in 2017 and they can't wait.