

RANCH RAMBLINS

Winter 2019—2020

2019 Review in Pictures!



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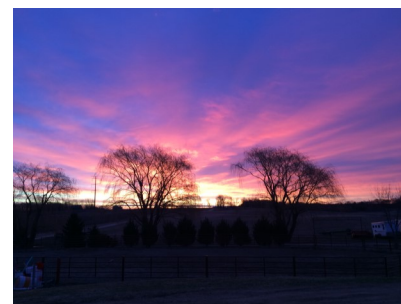
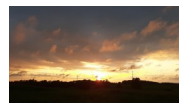
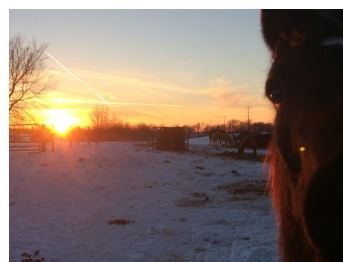
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Find us on Facebook for updates over the winter and keep up with the ranch news all year. You don't have to be a member to read over our page, so enter the link today for a visit. If you are a member, "Like" us to get up to date information!

Majestic Hills Ranch
for Children & Military Veterans



[www.facebook.com/
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Children's Program

Liz Zelles
Children's Program

Volunteer Coordinator

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Children's Program

A YEAR IN REVIEW

- ♦ 2019 began much earlier in the year than we have ever been able to do before—thanks to our newly completed & insulated indoor arena. We were able to have a small pilot program of riders in January through March (weather dependent) and they enjoyed riding on our incredibly fuzzy program horses.
- ♦ We welcomed not only Shanelle as a new instructor, but also Liz Zelles joined us teaching on Monday nights before going off to college. We look forward to having her back as an instructor once she finishes up her degree!
- ♦ 2 new horses joined our programs this year: Khan (a gypsy vanner that replaced Nessie in our program) and Shooter (a paint horse that will help Princess and Marshall with adult sized riders.) Both horses are doing well with our riders now that they are learning what their jobs entail.
- ♦ We utilized the indoor arena all season, and it allowed us to ride when there was rain (though not thunderstorms), when it was hot (thanks to those wonderful FANS!) and into the fall, when it gets so dark for the last class. We also shared the arena time with both programs, and we thank riders and families for being flexible on those days.
- ♦ We had our first event since the construction—and everyone enjoyed the music of the FunFest! featuring the Teddy Bear Band. We look forward to having more events at the Ranch!

WELCOME SHANELLE!

MAJESTIC HILLS RANCH WELCOMED:

Shanelle Wenell, Instructor – HOH Program

Shanelle joined MHR in May of 2019 to take on the duties of Instructor – leading the Heroes on Horseback Program for injured armed forces personnel, active duty & veterans in rehabilitation.

Shanelle comes to us with a B.A. Psychology from Bethel University and a MA in Marriage and Family Therapy, Adler Grad. School. Her background providing equine assisted psychotherapy and therapeutic riding for adults and children with mental health concerns fits in very well serving our injured armed forces personnel, active duty and veterans in rehabilitation, particularly those with PTSD, anxiety disorders, depression and much more. She is currently studying to obtain her PATH certification to grow our classes.

When we asked Shanelle how this season went for her? She responded that she absolutely loved working with the veterans and staff and she was overjoyed with the wonderful volunteers that assisted her throughout her first season. She said she couldn't of asked for a better place to work and looks forward to 2020.



Majestic Hills Ranch is a 501(c)(3) tax-exempt non-profit that serves riders in the seven county region around Minneapolis & St. Paul, MN. MHR does not discriminate against anyone, rider or volunteer, due to race, religion, gender, disability, age, sexual orientation, or political beliefs. Riders need to meet program criteria and have a physician's order.

2019 FUNDRAISING



June 15, 2019 marked our 5th year celebrating our main fundraiser for Majestic Hills Ranch at Canterbury Park, Silks Restaurant. We were joined by 113 great attendees who said they had a wonderful time celebrating MHR's 22nd year of providing equine assisted activities and therapies to children and young adults with special needs and our 10th year for injured armed forces personnel, active duty and veterans in rehabilitation. Not only did they enjoy great food, bid on 84 super special silent auction items, but watched the races eagerly trying to pick the winning horses! Some were pretty successful, some not, but all had a great time explaining to others how to pick the right horse. We want to thank our wonderful volunteers for helping us set up the event and clean up after and of course we could not do our main event without our wonderful sponsors: In keeping with our theme at the races our sponsor levels were WIN: Karen (Kim) Howard; PLACE: Stiles Financial Services, Inc. SHOW: TASC, Loeffler Construction & Consulting, Inc., Boyum Barescher, and Western Bank. On behalf of the Staff, Volunteers, Riders, and the Board, we wish to thank you for your continued support, for without each and everyone of you we couldn't do what we do; allow each of our participants the opportunity to grow and heal and live their lives to the fullest degree possible.

Our Sponsors:



VONHANSON'S BRAT STAND

Our most recent Brat Stand event at VonHanson's in Savage was full of sunny weather, good friends, and lots of GOOD FOOD!!! We grilled several hundred regular and special (Swiss & Bacon) Bratwursts and Hot Dogs for all that came to our Stand! We made some new friends and greeted some old ones that returned once again! Thank you all for coming!



GIVE TO THE MAX DAY
Thank you all so much for your generosity!

Matching Grant:

Jeff Johnson
Kris Zieska
Michael Evers
Tammy Loeffler

Donations:

Anonymous (x3)
Kathryn Allen
Sheri K Angen
Kristen Bartsch
Jackie Buie
Karen Cierzan
Nancy Claussen
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Terri Sampson
Diane Savino
John Shanks
Kathleen Skipper
Mary Steininger
Patty Stroth
Patti Wallin
Deann Weis
Julie West
Kris Zieska

For the first time since 2011, we held a major fundraising event on our site—utilizing our new indoor arena! Replacing our yearly Ride-A-Thon, we teamed up with the energetic sounds of the Teddy Bear Band for a day of fun!

We had wonderful sponsors that joined us on this day, tons of volunteers to help with setting up the tents and games, good food, and horse rides for all! Khan, Zeus, and Della helped entertain both children and parents while waiting for the main event. The Teddy Bear Band performed their signature songs as well as some classic covers (for the adults) and we even had a Panda Bear join in for some dancing. We are looking forward to having an event like this again in the future—we loved showing off the beautiful arenas and landscaping that have been done at MHR. Please come out and join us next time we have an event!!



MAJESTIC HILLS RANCH FOUNDATION – A veteran shares the results he experienced by riding in our Heroes on Horseback Program in 2019, which provides equine-assisted activities and therapies for injured armed forces personnel, active duty and veterans in rehabilitation.

Sunday morning at 10:25 AM I heard my phone beep letting me know that I had received an email. Upon checking my phone, this is what I read and wanted to share this great news with everyone; "Good morning Larry. My name is Tom Riley. I was lucky enough to participate in the Heroes on Horseback program at Majestic Hills Ranch. I want to thank you for such an amazing program and experience. Since beginning the sessions, I have been nearly free from nightmares! I am truly amazed at the power of horses!

My wife Patti and I went on a trail ride yesterday with Dawn from HHH Ranch. I was talking about my best buddy Caleb (MHR Horse). It turns out that Caleb used to be boarded there! They knew exactly who he was by how I described him & then I showed them his pictures! It's a small world!!

I hope to be able to participate next year with the program. I tell every veteran I know or meet with PTSD about the power of horses. My life has been changed forever! I can't express enough gratitude for what your program has done for me. Talking with James, the other veteran with the program, the program probably saved his life!

Thank you so much, for such an amazing opportunity! I'm looking forward to next year and I hope that I can come out and visit soon!"

- Tom Riley

(As a footnote) * Tom was diagnosed with stage IV metastatic ocular melanoma four and a half years ago. He's a US Navy veteran and fought during Operation Desert Storm, where he was exposed to nerve agents, burn pits and other toxins which caused his cancer.



MAJESTIC HILLS RANCH GETS A HUGE SURPRISE.

Melissa Sather, a long-time volunteer in our Heroes on Horseback Program and supporter of the ranch, emailed the President of MHR and scheduled an appointment at the ranch under the pretext that she needed to do an interview about MHR and our future growth. Glad to oblige, Larry Johnson, President, went to the ranch expecting to be interviewed and SURPRISE! A check presentation for \$1,000.00 from Melissa's company, TASC (Total Administrative Services Corp.). TASC decided to award 10 charitable organizations with \$1,000 each and Majestic Hills Ranch Foundation was one of those selected. TASC is the nation's largest privately held third-party benefits administrator with a mission to improve the health, wealth and well-being of its customers, employees and communities. We can't thank TASC enough for their donation which will help us continue to offer our brave injured men and women of the armed forces the opportunity to grow and heal, free of charge, through equine assisted activities & therapies.



THANKS TO BOSTON SCIENTIFIC FOR THEIR DONATION!

Thank you Lisa Migletz for requesting a grant from Boston Scientific for our indoor arena handicap mounting ramp and concrete sidewalk. Thanks to volunteers Tim Curtin and Rick Zieska for a majority of the design and construction.



Thanks go out to the following groups that have helped at the ranch or with program projects:

- Lakeville Area Public Schools Community Education Department
- Students from the Senior class at Visitation School

Thanks also to Sgt. Hedtke and the ladies from the MCF/SHK Challenge Incarceration Program. They worked incredibly hard on Tuesdays & other additional project days

Mateo Suarez, Eagle Scout Troop 331, was looking for a charitable organization to work with to do his 2019 Eagle project. Since moving to Minnesota from Arizona two years ago where his brother went to a therapeutic riding organization and recognizing how much this therapy helped his brother with Williams Syndrome, Mateo was seeking to find another organization that provided therapeutic riding and activities to partner with for his Eagle Scout project. Mateo connected with Majestic Hills Ranch and the results are terrific! It was decided that we could use two new large planters on both sides of our front entrance to our new indoor riding arena. We are extremely grateful for all of his hard work and leadership skills and a huge thank you to all the other Scouts and family members that lent a helping hand to make his project a success. They also took the time to come back and plant red, white and blue flowers that should grow and beautify the area come next spring. Thank you so much, Mateo, for choosing MHR to do your project and put smiles on the faces of the children and veterans we help.



MHR "COMREL" September 17th 2019:

We welcomed this year's new group of Chief Selects from NOSC Minneapolis. Their timing couldn't have been more perfect to help out with all the prep work for MHR Earth day and much more! I huge thank you to HTC Neil J. Boltik for coordinating this community relations event with us again for the 2nd year in a row and to all the Navy Reserve Chief Petty Officers and the Chief Selects.

Chief Select's: Trent Albu, Brent Arntzen, Mark Bonagofsky, Jessica Burbach, Brian Burrows, Brett Cranston, Ryan Daniels, Heather Dolan, Jeff Erickson, Danny Follett, Jeffrey Grimer, Chris Holland, Jennifer Howard, Nicholas Kotlarz, Ryan Logan, Alexas Nelson, Chris Pecore, Spencer Peterson and Laurie Sherman



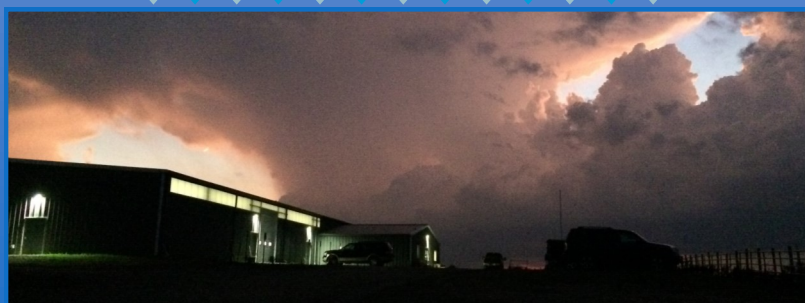
MHR Earth day September 18th 2019:

"Live Generously" and "Give of Yourself" are life values THRIVENT FINANCIAL brought to MHR's Earth Day in September. A huge thank you to Tammy Carlson, Keith Johnson and the Thrivent team for picking MHR as one of their TCOMM events. Our world has become more beautiful because of their generosity and from all the wonderful volunteers that came to get their hands dirty planting shrubs, bushes and trees.



THANK YOU TO ORSC!

The existing hydraulic lift has finally found its permanent home inside the indoor arena but now what to do for mounting at the HOH arena... No worries, Orchard Rangers to the rescue! Orchard Rangers Riding Club awards MHR with a \$300 grant to help with the new handicap mounting ramp area for the HOH arena.



THANK YOU TO THE 2019 VOLUNTEERS!

A huge **THANK YOU** goes out to the almost 200 volunteers that helped out with the programs, events, pilot program, horses, and ranch maintenance this year. We especially want to thank our instructors, for they are also volunteering their time: **Brenda Steinhauer, Gay Uttenhove, Laura Peterson, & Liz Zelles**. They put in many hours preparing, teaching, and assisting with the Children's Program, Heroes on Horseback, and the Horse Sense Psychotherapy Program. (I tried to get everyone's names listed below—but if you helped out at the ranch this year and you are not on the list, it is entirely my fault and I apologize. Your help was greatly appreciated and we certainly welcomed it!)

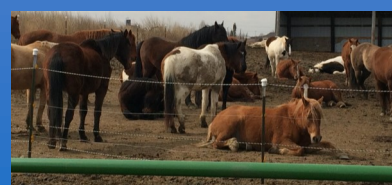
Adams, Latricia
 Algren, Sue
 Allen, Katie
 Amankwah, Roselyn
 Anderson, Amy
 Anderson, Erin
 Anderson, Lori
 Anderson, Sarah
 Anderson, Sue
 Anderson, Theresa
 Andrews, Molli
 Andrews, Tess
 Angen, Shelby
 Angen, Sheri
 Argueta, Adriana
 Auer, Rob
 Auer, Susan
 Babcock, Shaun
 Balfanz, Jocelyn
 Balfanz, Olivia
 Bartsch, Kristen
 Baxter, Helen
 Bechel, Penny
 Belcher-Schlink, Jana
 Bergeron, Ellen
 Berglund, Lisa
 Boeser, Barbara
 Boudreau, Tamara
 Brown, Becky
 Bueltel, Anne
 Bueltel, John
 Caspers, Michelle
 Chambers, Eric
 Chatelaine, Jacquelyn
 Chatelaine, John
 Chatelaine, Luke
 Chatelaine, Sally
 Christenson, Allison
 Claeys, Cori
 Clausen, Alena
 Clounch, Diane
 Coleman, Shameka
 Catty, Jamie
 Curley, Cindy
 Dormes, Franics Garcia
 Duffy, Caitlin
 Engeman, Bill
 Espinoza, Cecilia

Espinoza, Erik
 Espinoza, Jen
 Fairbanks, Leah
 Fleischman, Miranda
 Fox, Nancy
 Fritsch, Jocelyn
 Gasiorouski, Alexa
 Gasiorouski, Rhonda
 Gomez, Lisa
 Green, Forrest
 Grove, Lisa
 Hagert, Bailey
 Hamid, Michele
 Hansen, Kristine
 Hansen, Sydney
 Haws, Jeanine
 Heaney, Elizabeth
 Heidelberger, Kellie
 Henke, Kim
 Holland, Bella
 Howley, Nora
 Hughes, Margaret
 Hulse, Dylan
 Hulse, Shelly
 Hyde, Terry
 Iliyana, Sara
 Joens, Beth
 Johansen, Amanda
 Johnson, Jeff
 Johnson, Savanna
 Karan, Sarah
 Karasch, Judy
 Kenelig, Kaide
 Kingbird, Cherie K.
 Klein, Heather
 Konopa, Krista
 Kreezer, Carla
 Krueger, Daniel R.
 Larson, Rachel
 Lee, Samantha
 Lo, Panhia
 Maddalena, Lisa
 Mady, Alicia
 Malecha, Steven
 Martel, Brittnay
 Mathews, Wendy
 Mattaini, Maria
 Matter, Nicole

McCarthy, Cindy
 McGill, Grace
 McWilliams, Anna
 Meagher, Carol
 Messik, Emily
 Metwaly, Lisa
 Migletz, Lisa
 Morrow, Katie
 Munz, Heather
 Musker, Sarah
 Nealis, JoyDell Ann
 Nordaune, Kim
 O'Connor, Stephanie
 Olander, Elsie
 Olson, Heather
 Partington, Emily
 Pauly, Megan
 Peterson, Laura
 Pfarr, Katherine
 Phillips, Lisa
 Richardson, Sadie
 Ring, Sarah
 Robbins, Lynette
 Robinson, Lushana
 Rodriguez, Jacqueline
 Rodriguez, Rob
 Rogozinski, Rogo
 Rosevear, Christy
 Russ, Angela
 Ryan, Kris
 Sadlowski, Faith
 Sand, Amber
 Sather, Melissa
 Savino, Diane
 Schleper, Alayna
 Jacqueline
 Schuchardt, Betina
 Schultheis, Ann
 Schumann, Lisa
 Schwartz, Joyce
 Senent, Mathieu
 Shanks, John
 Shanks, Sarah
 Sheplee, Robert
 Smith, Lonna
 Sogge, Madi
 Steinhauer, Brenda
 Steinhauer, Kaitlin

Steininger, Mary
 Stiel, Jennifer
 Stier, Jane
 Stocking, Margaret
 Stover, Pattie
 Strong, Nicole
 Stroth, Patty
 Svejda, Bill
 Svendsen, Robin
 Tate, Corrine (Cory)
 Theis, Rachel
 Towers, Rebecca
 Tushie, Londa
 Tyson, Alyssa
 Uttenhove, Gay
 Vang, Lee
 Vidmar, Allison
 Vidmar, Jessica
 Virtue, Josh
 Wehrs, Debbie
 Weix, Greta
 Welsh, Angela
 West, Julie
 Westphal, Laura
 Whitfield, Flora
 Williamschen, Alyse
 Williamschen, Tina
 Willis, Tahira
 Winters, Kathleen
 Wortman, Janel
 Zelles, Liz
 Zieska, Rick
 Zimmermann, Ellie
 Zocher, Lindsey
 Zons, Catherine

*Thanks also to Parents, PCAs,
 & Therapists that were willing
 to step in and help when
 needed!*



THANK YOU TO OUR SUPPORTERS!

Foundation Grants

Boeser Family Foundation, The
Carl and Verna Schmidt Foundation
Casey Albert T. O'Neil Foundation
Elroy & Terry Krumholz Foundation, The
Hansen Family Foundation
J. Elmer & Esther Hanssman Charitable Trust

Jerry & Sandy Doran Charitable Fund, The
Joseph Durda Foundation, The
Lillian Wright & C. Emil Berglund Foundation
Margaret H. and James E. Kelley Foundation, Inc.
Menasha Corporation Foundation
PGN Foundation

Organizations

American Legion Post 45, New Prague
American Legion Post 47, Hastings
American Legion Post 98, Saint Paul
American Legion Post 404, Alden
American Legion Post 491, Bayport
American Legion Post 550, Bloomington
American Legion Post 620, Hugo
American Legion Post 643, Savage
Burnsville Lions Club
Eagan Lions Club
Elan Vital Ski & Social Club, Gem Lake
Lakeville Lions
Network for Good (Anonymous)

Orchard Rangers, Inc. (Restricted Funds)
Prior Lake-Savage Optimist Club
Tee It Up for the Troops (Oak Marsh Event)
Tee It Up for the Troops (Mendakota Event)
VFW Post 116
VFW Post 494, Crystal
VFW, Fred Babcock Post 5555, Richfield
VFW, Stary-Yerka Post 5727, Zumbrota
VFW Post 6208, Prior Lake
VFW John Rice Post 6316, Blaine
VFW, Vasatka Goers Post 6690, Mendota Heights
VFW Post 7662, Farmington
VFW Post 8752, Cottage Grove
VFW Post 9433, Rosemount

In Kind donations (Silent Auction Items for our Events)

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Auer, Susan
Brave New Workshop
Breadsmith
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Culler, Scott
D'Brian's Kitchen & Catering, Bloomington
Diamond Consignment Store, Scottsdale
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Grand Slam, Burnsville
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Humble Pie, New Prague
Iris Valley Boutique & Gifts, Jordan
Joe Senser's Sports Grill, Bloomington
Johnson, Larry R.
Kerfoot Canopy Tour, Henderson
Latocki, Virginia
Lettuce Entertain You Restaurants
Mall of America
Medina Entertainment Center
Minnesota Landscape Arboretum
Mixed Blood Theatre

Nothing Bundt Cakes, Eagan
River Valley Veterinary Service, Prior Lake
Roca Restaurants, Bloomington
Schuler Shoes, Maple Grove
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Starbucks, West 98th, Bloomington
Starbucks, Southtown Ctr., Bloomington
Starbucks, Burnsville
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St. Paul Saints Baseball Club
Target, Andover
Target, W 79th, Bloomington
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Target, Dinkytown, Minneapolis
Target, West St. Paul
The Cheesecake Factory
The Spa at Gyskiewicz Twin Cities Cosmetic Surgery
Trader Joe's, Bloomington
Triplett, Wanda
Turner, Kim
Wendt, Steve (Metro Hair Design)
Yahr, Kathie

Employer / Business Matched Donations

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Anonymous Employee—ThomsonReuter
Kimberly Bachmeier—Medica
Anne Bueltel—BCBS

Lindsey Healey—
Daniel Hulse—Avago
Charlene Klaus—Ameriprise
Laura Peterson—United Health Group

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Alt-Kie Computer Consultants, Inc.
AmazonSmile
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FABCON Companies, Inc.
MDM Rubicon, Inc.—(Karen Hultgren)
Mille Lacs Corporate Ventures
Minnesota Valley Electric Trust
Palos Pediatric Dentistry
Sahara Sands
TASC (Total Administrative Services Corp.)
Western National Insurance Group

In Kind donations

Church, Valerie, M.
Espinoza, Jennifer
Espinoza, Erik
Fredrickson, Dan
Howard, Karen (Kim)
Jensrud, Stephanie
LexLin Gypsy Ranch
L S Engineers, Inc.
Sweet Sioux Garden Club
Zieska, Kris & Rick

Individual Donors

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Engeman, William
Giliotti Tax & Legal Services, Inc.
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Howard, Karen (Kim)
Loeffler, Austin
Sanger, Stephen
Sather, Melissa
Snouffer, Linda
Swain, Patrick
Tate, Douglas Y. & Corinne J.
Thornbust, Kris
Ton, My-Tien
Wallin, Patti
Welsh, Angela
Zieska, Kris

In Memory/Honor of...

- In memory of Jeremy Pumper
Anonymous
- In honor of Sherry Rassmussen
Anonymous
- Dedicated to Gary Dusterhoft
Deb Dusterhoft
- In memory of my beloved Gus
Kris Zieska
- On behalf of St. Andrew Church & the Major Family
Brent Major

Community Open House



20 years in the making... The Community Open House Nov. 7th was a great success. Many new faces, families, organizations and horse enthusiasts dropped in to help us network out into the community. We showcased the facility, riding programs, board membership opportunities/requirements, horse boarding information and event hosting opportunities. All of the guests enjoyed a bounty of appetizers/beverages, a slide show of the arena construction, a fun self-guided tour and prizes. Thank you to the village of wonderful volunteers that worked so hard to help make this event happen. We are inspired everyday by your dedication and love for MHR. This event was a huge stepping stone to launch our maiden voyage of logistics and event hosting in this new beautiful facility.

Thank you to our event sponsors: Cub foods (all locations in Lakeville), Heather & Jamie Nobel, Hy-Vee (Lakeville), James Gang Coffeehouse and Eatery (Northfield), Kim Howard and Von Hanson's Meat Markets (Savage)

*Please contact us for event hosting availability
(JEspinoza@MajesticHillsRanch.com)*



STATISTICS FOR 2019

Children's Program

- Total number of riders served by the **Children's Program**: 75
Participants in **Horse Sense Psychotherapy** Sessions: 12
 - 3% 5 years old or under
 - 32% Between ages 6 and 10 years old
 - 45% Between ages 11 and 18 years old
 - 30% Over 19 years
- 57% were male; 43% were female
- While over 43 different diagnoses were present in our riders, below are the 4 that affected a majority of our riders.
 1. Autism Spectrum Disorder (ASD)
 2. Developmental Delay (DD)
 3. Attention deficit disorder / Attention deficit hyperactivity disorder (ADD/ADHD)
 4. Cerebral palsy (CP)
- We offered classes to riders throughout the metro area and surrounding counties, but 88% lived in the cities south of the Minnesota River. Of those cities, the top 3 are:

Lakeville (23%)	Apple Valley (15%)	Eagan (11%)
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MHR Heroes on Horseback Program

- Total number of injured military personnel, active duty and veterans in rehabilitation, that were served by the **Heroes on Horseback Program**: 30, 580 hours

Air Force	16%	Army	47%
Marine	6%	Navy	28%
Army National Guard	3%		

- 97% of our veterans were male; 3% were female
- While multiple diagnosis were present, below are the top (4) four that affected our riders participating in the Heroes on Horseback Program: (Many have multiple secondary conditions.)

◆ Dementia	38%
◆ (PTSD) Post Traumatic Stress Disorder	19%
◆ (TBI) Traumatic Brain Injury	13%
◆ Schizophrenia	6%
- We work closely with several military organizations and most of our riders/participants were referred by the following groups:

◆ State of MN Veteran's Adult Day Center	43%
◆ Veteran's Home-Hastings	17%
◆ Veteran's Home-Minneapolis	17%
◆ Outpatient Referrals	17%
◆ VA Medical Center-Mpls: Poly-Trauma Unit	6%

Our Volunteers

We had over 175 volunteers helping out with our riding programs, special events, and ranch projects:

Children's Program = 3939 hours	Projects/Events = 943 hours
Veteran's Program = 1160 hours	

Total Volunteer Hours = 4746 Hours

Our Horses

MHR owns 2 draft horses, 2 ponies, and 12 horses which are used in our riding programs. In 2019 these horses had a total of 1060 rider hours throughout the season. We also used select horses for 125 hours of Equine Facilitated Psychotherapy during the summer session.